

1. First Visit <https://www.myhealthonline-inps2.wales.nhs.uk> and click Register from the main screen



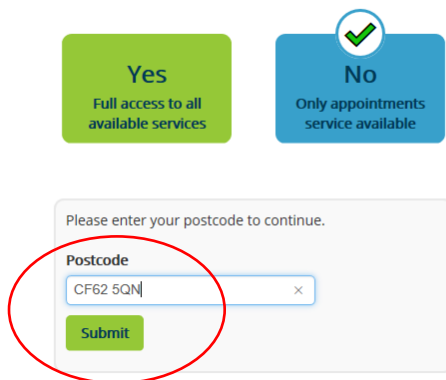
2. Select No to receiving a registration letter

Have you received a registration letter from your practice?

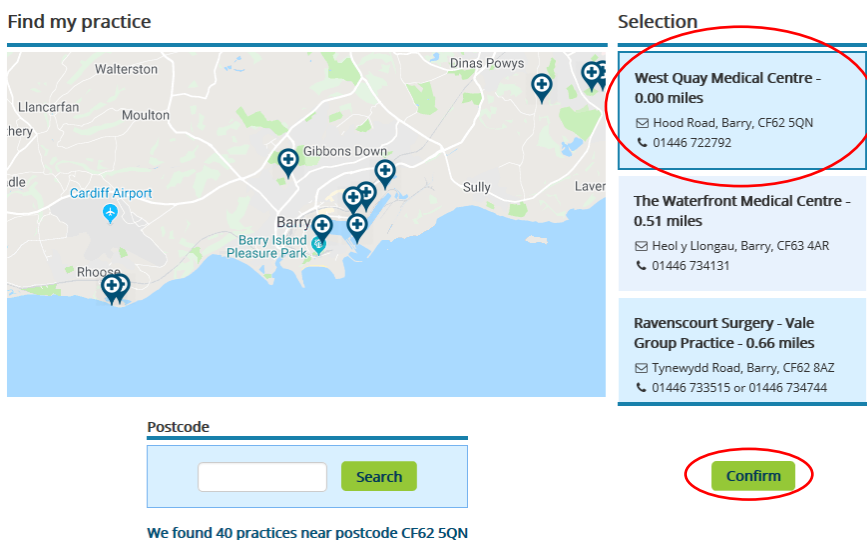


3. Insert your postcode and click submit

Have you received a registration letter from your practice?



4. Ensure you select West Quay Medical Centre and click confirm
(DO NOT SELECT RHOOSE EVEN IF YOU ARE A PATIENT AT RHOOSE)



5. Select a username and a strong password

Create your account

Account Details

Your username must be at least 3 characters in length, start with a letter and contain any combination of letters, numbers, dots and hyphens.

Username

To help secure your account, please ensure your password meets the following rules:

- Minimum 8 characters in length
- Matches 3 of 4 from the following:
 - > Contains an uppercase letter (A..Z)
 - > Contains a lowercase letter (a..z)
 - > Contains a number (0..9)
 - > Contains a symbol (such as !, ?, @ etc.)
- Password and confirmation match
- Not contain the word 'password'

Password

Confirm Password

6. Fill in your personal details, agree to privacy policy and terms and conditions and click register

Personal Details

The information below will be used to connect you to your account at your practice.

First Name

Last Name

Postcode

Email

Confirm Email

Date of Birth

I agree to the [Terms & Conditions](#) and [Privacy Policy](#)

Cancel

Reset

Register

7. One you are successfully registered you will only be initially allowed to book one appointment. You will need to attend the practice and provide photographic ID in order to make future appointments and access future services that will become available.

