

September 2018 Newsletter



West Quay Medical Centre Wins an NHS Wales Award

We are celebrating today (Friday 21 September 2018) after winning an NHS Wales Award at the eleventh anniversary of the awards.

A project on "Improving patient access to GP appointments using the principles of prudent healthcare" won the improving quality using IQT methodology award, supported by the Wales Deanery.

Congratulations to all of our staff, we are really proud of your hard work.

Read more about the project on our website:

<http://westquaymedicalcentre.co.uk/info.aspx?p=2&pr=W97001>

Telephone: 01446 722792

Fax: 01446 733555

Website:

www.westquaymedicalcentre.co.uk



@westquaymedicalcentre



@WestQuayMC

Please note: The surgery will be closed on Wednesday 17/10/2018 from 13:00 for essential staff training.

Our phone lines will be open as normal the following day (Thursday 18/10/2018) from 08:00 with the surgery opening at 08:20.

Please contact the Out of Hours Team on 01446 729562 should you require urgent medical advice whilst we are closed.

We apologise for any inconvenience caused

Staff update

GP Registrars

We have welcomed two GP registrars to our team in August

Dr Lloyd Evans & Dr Rhiannon Watson

We are recruiting

We are currently recruiting for a Primary Care Pharmacist Technician.

For further information, visit our Vacancy page on our "Practice Staff tab" on our website



We are proud and privileged to have been presented the NHS award for "Improving quality using IQT methodology" by Vaughan Gething the Cabinet Secretary for Health and Social Services

Pictured from left to right: Carl Barrett our Practice Clinical Pharmacist, Vaughan Gething, and Dr S J Goodfellow, GP Partner.



Dewis doeth Choose well

Ask My GP Patient Update

We thank you for your patience whilst we embed our new appointment system.

Please find a number of updates below:

The following clinics can be booked by telephoning the surgery as normal and speaking to a receptionist:

- Coil insertion clinics
- Minor surgery clinics
- Nexplanon (Implant) clinics
- Joint injection clinics
- Practice Nurse Appointments
- Healthcare Assistant Appointments

Please enter your requests on to the system on the day that you would like advice or an appointment (you do not need to do this days or weeks in advance)

Please be aware that only urgent requests will be dealt with after 14:00 on the same day. For routine enquiries and advice requests, we will aim to get back to you within 24 hours.

A clinician will contact you as soon as they are able so please keep your phone with you where possible and check your emails regularly.



This year we will be offering a number of methods to obtain a flu vaccination with us.

We will be offering a number of walk-in clinics including Saturdays; you will also be able to make an appointment for pre-booked flu clinics.

Why wait in queues at the desk or the telephone? Simply request a flu vaccination via our Ask My GP system and the team can send you information on our regular clinics or dates of our walk-in clinics.

The easiest way to have you vaccination is to attend one of our walk-in clinics as detailed below:

West Quay Medical Centre Walk-In Clinics

- Thursday 4th October anytime between 13:30 and 16:50
- Saturday 13th October – anytime between 09:00 and 11:45
- Saturday 27th October – Anytime between 09:00 and 11:45
- Saturday 10th November – Anytime between 09:00 and 11:45
- Wednesday 31st October – Halloween Party for 2-3 year olds intranasal flu vaccines - Anytime between 13:30 – 16:30

Rhose Medical Centre Walk-In Clinics

- Saturday 10th November – Anytime between 09:00 and 11:45

Free flu vaccine is recommended for people whose health is most at risk if they catch flu, because they need protection. This includes people from 6 months of age who have:

- diabetes
- a long term chest condition such as chronic obstructive pulmonary disease (COPD)
- moderate or severe asthma
- a chronic heart condition
- chronic liver disease
- kidney disease (from stage 3)
- had a stroke or a mini stroke, or have another neurological disorder
- an immune system that isn't working well
- no spleen or have a spleen that isn't working very well

For the same reasons, it is also recommended for people who are:

- pregnant
- aged 65 and over
- extremely obese with a body mass index (BMI) of 40 or over
- living in a care home long term
- carers
- community first responders
- members of recognised voluntary organisations who provide planned emergency first aid at organised public events

It is also advised that employers offer vaccination to:

- healthcare workers with direct patient contact
- social care workers with direct client contact

A nasal spray flu vaccine is also free for all children aged 2 or 3 years on 31 August 2016 from their GP surgery, and is free at school for children in reception class and school years 1, 2 and 3.

If you're not sure, ask your GP, practice nurse or local pharmacy for advice.

WEST QUAY MEDICAL CENTRE'S HALLOWEEN FLU PARTY

Join us if you dare!

Where: West Quay Medical Centre, Hood Road, Barry, CF62 5QN

When: Wednesday 31st October anytime between 13:30 - 16:30

Children's Halloween themed flu party for 2-3 year olds registered at the practice.
* Fancy Dress - Face painting - Colouring - Trick or treat - Intranasal flu vaccines *

A Halloween-themed poster for a flu party. It features a large full moon, silhouettes of trees, and several glowing jack-o'-lanterns. The text is in a playful, orange font. The background is dark blue with a starry pattern.